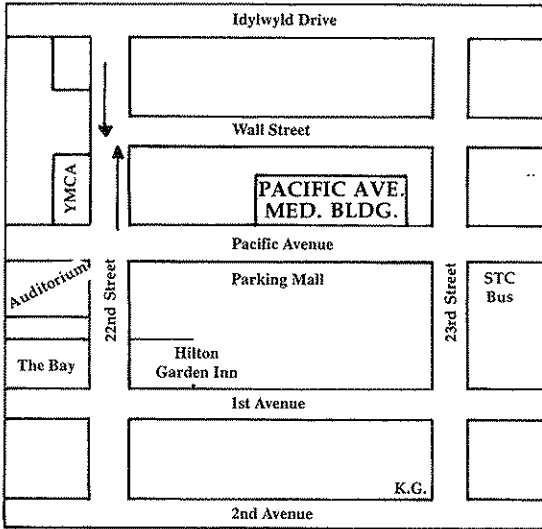


PACIFIC AVENUE MEDICAL BUILDING



Appointment with Dr. _____

Date: _____ Time: _____

THIS IS AN IMPORTANT MEDICAL TEST PLEASE FOLLOW INSTRUCTIONS BELOW:

Preparation instructions:

- **ABDOMINAL ULTRASOUND:**
(Gall bladder, kidneys, liver, pancreas, aorta)
Nothing by mouth for 4 hours prior to examination.
- **PELVIC ULTRASOUND:**
Bladder must be uncomfortably full. Drink at least two large glasses of fluid one hour prior to examination.
Do not empty your bladder before the examination.
- **OBSTETRICAL ULTRASOUND:**
Please present with empty bladder
- **TESTICULAR, BREAST, THYROID, SOFT TISSUE, RENAL:**
No preparation required
- **PELVIC & ABDOMINAL ULTRASOUND:**
Nothing by mouth for 4 hours, except drink 2 glasses of WATER
2 hours before procedure
Do not empty your bladder before the examination.